**Semester 1 exam revision 2018**

**Syllabus content**

The following topics will be assessable in the semester 1 exam. This is a guide only

* determinants of health
* social
* the social gradient
* stress
* early life
* social exclusion
* work
* unemployment
* social support
* addiction
* food
* transport
* culture
* environmental
* features of the natural and built environment
* geographical location
* socioeconomic
* education
* employment
* income
* family
* housing/neighbourhood
* access to services
* migration/refugee status
* food security
* biomedical
* birth weight
* body weight

##### Principles, frameworks, models and theories

* definition of health promotion
* purpose and elements of the *Ottawa Charter* for health promotion
* framework for health promotion, including:
* focus (individuals, groups, populations)
* strategies (educational, motivational, operational, economic, regulatory, technological)
* impact (behavioural and environmental adaptations)
* outcomes (better health)

##### Actions and strategies

* action areas of the *Ottawa Charter*
* building healthy public policy
* developing personal skills
* creating supportive environments
* strengthening community action
* reorienting health services

##### Beliefs, attitudes and values

* relationship between beliefs, attitudes, values and health behaviour
* influence of media, social networking, advertising and marketing on beliefs, attitudes and values

##### Social and cultural norms

* definitions of social and cultural norms

##### Health inquiry

* interpretation of information
* summary of information
* identification of trends and patterns in data
* development of argument
* development of general conclusions

##### Health inquiry

* planning a health inquiry
* identification and description of a health issue
* development of focus questions to research a health issue
* use of a range of information to explore a health issue
* identification and use of a range of reliable information sources
* identification and application of criteria for selecting information sources
* interpretation of information
* summary of information
* identification of trends and patterns in data
* development of argument
* development of general conclusions

**Suggested revision**

Read all relevant chapters in textbook and review PPT for all lessons so far. In particular look at term 2 content on Beliefs, attitudes & values and Social and Cultural norms.

* Morbidity, mortality and quality of life – What are they? How do they impact individuals/communities. Use these terms in responses when possible from now on
* Definitions but be able to apply them to an example (if possible)
* Ottawa charter – Define, apply it to health promotion, identify different examples of components
* Beliefs attitudes values (BVA) – Where they come from, how they are changed, how they are influenced ect
* Health inquiry components
* Relationships between content
  + Eg. Relationship between social determinants
  + Relationship between B V A
  + Relationship between different types of data (Tables/graphs) and information
* Frameworks
* Interpretation of Health information
  + Provide logical explanations using other content you have learnt
  + Eg. Explaining trends in data with changes in health promotion areas (Ottawa charter)
* Application of ideas to scenarios
  + BVA
  + Frameworks
  + Ottawa charter
  + Determinants of health

**Extended answer revision**

* Reading questions correctly!
* Knowledge on current or ongoing health issues in Australia
* Develop strategies ( what have you learnt you use to create strategies?)